



COMMUNITY RESOURCE GUIDE

For Pregnant Women in Hamilton County

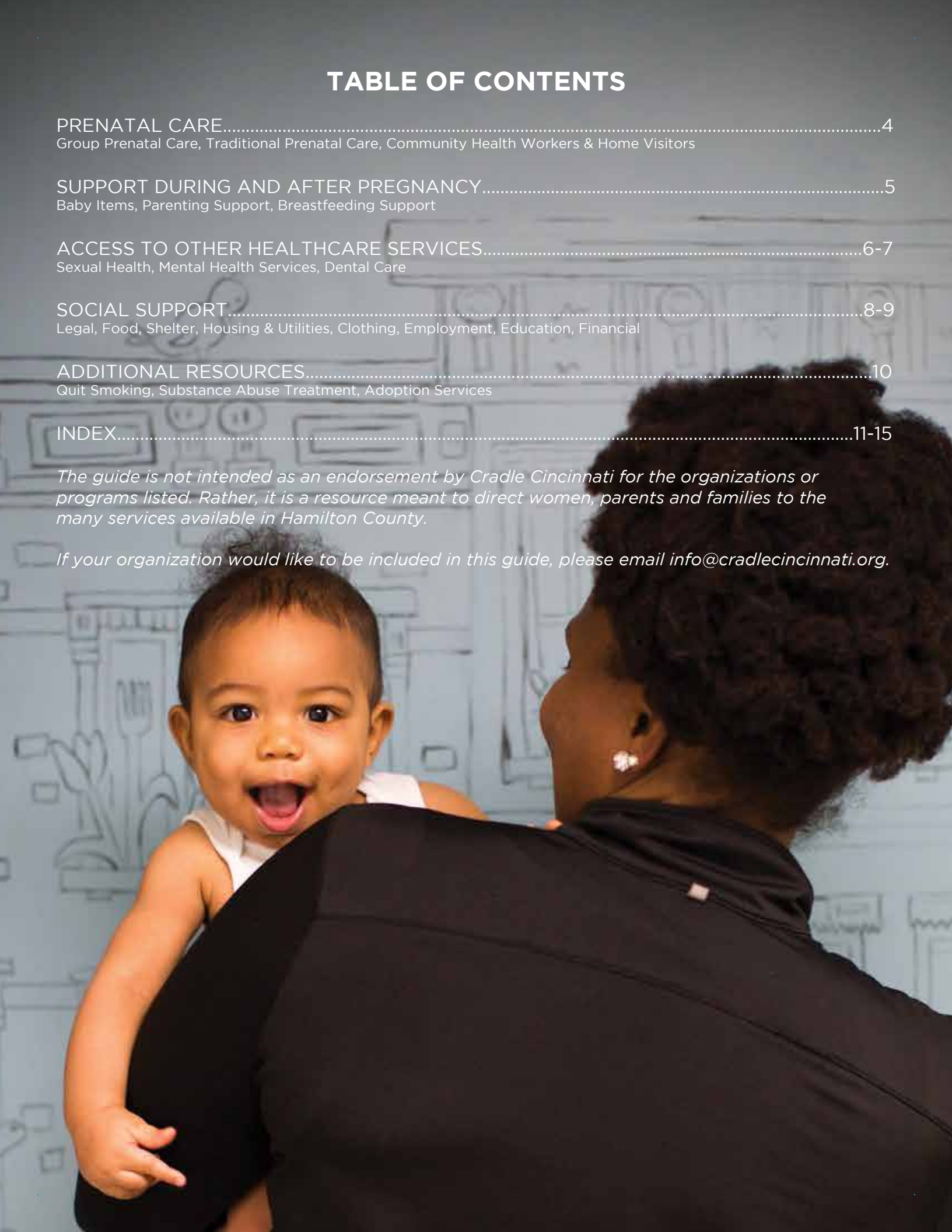


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The guide is not intended as an endorsement by Cradle Cincinnati for the organizations or programs listed. Rather, it is a resource meant to direct women, parents and families to the many services available in Hamilton County.

If your organization would like to be included in this guide, please email info@cradlecincinnati.org.



MEET A COMMUNITY HEALTH WORKER.

Lauren Bostick | Cincinnati Health Department






The advice and guidance of a community health worker can help you decide where to start or how to create a support system that meets your needs. Lauren Bostick is one of the many community health workers in Cincinnati. These knowledgeable, caring individuals help mothers and families navigate the resources available in our community.

If you or someone you know would like to be connected with a community health worker, call 211 today.






PRENATAL CARE

	The Christ Hospital (513) 585-2000	Cincinnati Health Department (513) 357-7200	Crossroad Health Center Phone number varies by location	Every Child Succeeds (513) 636-2830	Health Care Access Now (513) 707-5697	The Healthcare Connection (513) 554-4100	Healthy Beginnings (513) 861-8430	Healthy Moms & Babes (513) 591-5600	Help Me Grow (513) 434-3322	Mercy Health (513) 956-3729	TriHealth (513) 569-6111	UC Health (513) 584-5239	WinMed Health Services Phone number varies by location
GROUP PRENATAL CARE  8-10 women, who are due at the same time, meet for prenatal care and support	✓										✓	✓	✓
TRADITIONAL PRENATAL CARE  One-on-one pregnancy checkups with a certified prenatal care provider	✓	✓	✓			✓	✓			✓	✓	✓	✓
COMMUNITY HEALTH WORKERS & HOME VISITORS  In-home support that connects women with needed resources and removes barriers to good health		✓		✓	✓			✓	✓		✓	✓	

Moms-to-be: Looking for support? Call 211. Always here, always free and confidential.






SUPPORT DURING AND AFTER PREGNANCY

	A Caring Place (513) 753-4357	Beech Acres (513) 231-6630	Cincinnati Children's Hospital Medical Center (513) 636-4200	Elizabeth's New Life Center (513) 620-8844	Jewish Family Services (513) 469-1188	Life Forward Pregnancy Care of Cincinnati (513) 961-7777	Mommy Xpress (844) 641-2255	Norwood Health Department (513) 458-4600	Old St. Mary's Pregnancy Center (513) 929-9165	Pregnancy Center East (513) 321-3100	Pregnancy Center West (513) 244-5700	Santa Maria Community Services (513) 557-2700	Talbert House - Fatherhood Project (513) 961-3292	Text 4 Baby Text "BABY" to 511411	WIC (513) 821-7012	WinMed Health Services Phone number varies by location	
BABY ITEMS  Access to items for your baby, including cribs, diapers and clothing	✓		✓	✓		✓		✓	✓	✓	✓					✓	
PARENTING SUPPORT  Group classes and one-on-one coaching to prepare you for all parts of parenthood	✓	✓	✓		✓	✓			✓	✓	✓	✓	✓	✓			✓
BREASTFEEDING SUPPORT  Help with breastfeeding supplies (pumps, bottles) and advice on feeding your baby			✓				✓									✓	




Moms-to-be: Looking for support? Always here, always free and confidential.

ACCESS TO OTHER HEALTHCARE SERVICES

	A Caring Place (513) 753-4357	Beech Acres (513) 231-6630	Cincinnati Health Department (513) 357-7200	Cincy Smiles (513) 763-2200	City Link (513) 357-2000	The Counseling Source (513) 984-9838	Crest Smile Shoppe (513) 352-4072	Crossroad Health Center Phone number varies by location	Every Child Succeeds (513) 636-2830	eXclusive Serivces (513) 827-9273	First Step Home (513) 961-4663
SEXUAL HEALTH  Testing and treatment of sexually transmitted infections	✓		✓					✓			
MENTAL HEALTH SERVICES  Support and treatment for depression, anxiety and other mental health issues		✓			✓	✓		✓	✓	✓	✓
DENTAL CARE  Healthcare for your teeth, gums and mouth			✓	✓			✓				

Would you like to become pregnant in the next year? Whether you answer 'yes', 'no', or 'I don't know', call the Body Shop at the Cincinnati Health Department to get connected with family planning services. To schedule an appointment, call (513) 357-7320 and for questions, call (513) 357-7341.








ACCESS TO OTHER HEALTHCARE SERVICES

	Greater Cincinnati Behavioral Health Services (513) 354-7555	Health Resource Center (513) 357-4602	The Healthcare Connection (513) 554-4100	Healthy Moms & Babes (513) 591-5600	Mental Health Access Point (513) 558-8888	Pregnancy Center East (513) 321-3100	Pregnancy Center West (513) 244-5700	Santa Maria Community Services (513) 557-2700	Talbert House (513) 221-4357	UC Health Lindner Center of Hope (513) 536-4673	WinMed Health Services Phone number varies by location
SEXUAL HEALTH  Testing and treatment of sexually transmitted infections				✓		✓	✓				
MENTAL HEALTH SERVICES  Support and treatment for depression, anxiety and other mental health issues	✓	✓		✓	✓			✓	✓	✓	✓
DENTAL CARE  Healthcare for your teeth, gums and mouth			✓								✓

Would you like to become pregnant in the next year? Whether you answer 'yes', 'no', or 'I don't know', call the Body Shop at the Cincinnati Health Department to get connected with family planning services. To schedule an appointment, call (513) 357-7320 and for questions, call (513) 357-7341.



SOCIAL SUPPORT








	A Caring Place (513) 753-4357	Central Access Point (513) 381-7233	Cincinnati Public Schools (513) 363-6100	CityLink (513) 357-2000	Community Action Agency (513) 569-1840	Education Matters (513) 244-2214	Freestore Foodbank (513) 241-1064	Greater Cincinnati Behavioral Health Services (513) 354-7555	Hamilton County Department of Job & Family Services (513) 946-1000	Legal Aid Society of Greater Cincinnati (513) 241-9400	Lydia's House (513) 549-7752
LEGAL 										✓	
FOOD 							✓		✓		
SHELTER, HOUSING & UTILITIES 		✓					✓	✓			✓
CLOTHING 					✓		✓				
EMPLOYMENT 				✓	✓		✓	✓	✓		
EDUCATION 			✓		✓	✓					
FINANCIAL* 	✓			✓	✓		✓	✓	✓		

Moms-to-be: Looking for support? Call 211. Always here, always free and confidential.

*Workshops and classes that support financial literacy (budgeting, managing debt) and organizations that connect families with cash assistance benefits






SOCIAL SUPPORT

	Mary Magdalen House (513) 721-4811	Ohio Valley Goodwill Industries (513) 771-4800	Old St. Mary's Pregnancy Center (513) 929-9165	Salvation Army (513) 762-5600	Santa Maria Community Services (513) 557-2700	Shelterhouse (513) 562-1980	St. Vincent de Paul (513) 562-8841	Talbert House (513) 221-4357	Urban League of Greater Cincinnati (513) 281-9955	WIC (513) 821-7012	Women Helping Women (513) 381-5610	YWCA Domestic Violence Shelter (513) 872-9259
LEGAL 								✓			✓	✓
FOOD 				✓	✓	✓	✓			✓		
SHELTER, HOUSING & UTILITIES 		✓		✓	✓	✓	✓	✓				✓
CLOTHING 	✓		✓	✓	✓	✓	✓					
EMPLOYMENT 					✓			✓	✓			
EDUCATION 							✓					
FINANCIAL* 					✓		✓	✓	✓			

Moms-to-be: Looking for support? Call 211. Always here, always free and confidential.

*Workshops and classes that support financial literacy (budgeting, managing debt) and organizations that connect families with cash assistance benefits

ADDITIONAL RESOURCES

	Addiction Services Council (513) 281-7880	Adoption Professionals (513) 321-2229	American Cancer Society (513) 618-5585	Center for Addiction Treatment (513) 381-6672	Central Community Health Board (513) 559-2000	The Counseling Source (513) 984-9838	Crossroad Health Center Phone number varies by location	eXclusive Services (513) 827-9273	First Step Home (513) 961-4663	Private Adoption Services Inc. (513) 871-5777	SmokeFreeMom Text "MOM" to 222888	Talbert House (513) 221-4357	TriHealth - HOPE Program (513) 862-5132	UC Health Lindner Center of Hope (513) 536-4673
<p>QUIT SMOKING</p>  <p>Resources to help you quit smoking and stay smokefree</p>			✓				✓				✓			
<p>SUBSTANCE ABUSE TREATMENT</p>  <p>Services to help you quit drug dependence, seeking and use</p>	✓			✓	✓	✓		✓	✓			✓	✓	✓
<p>ADOPTION SERVICES</p>  <p>Education and guidance for birth parent(s) and adoptive parent(s) considering adoption</p>		✓								✓				

Moms-to-be: Looking for support? Call 211. Always here, always free and confidential.



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A CARING PLACE

4446 Mt. Carmel Tobasco Road
Cincinnati, Ohio 45244
www.acaringplace.org
(513) 753-4357

ADDICTION SERVICES COUNCIL

2828 Vernon Place
Cincinnati, Ohio 45219
www.addictionservicescouncil.org
(513) 281-7880

ADOPTION PROFESSIONALS

2758 Erie Avenue
Cincinnati, Ohio 45208
www.adoptionprofessionals.net
(513) 321-2229

AMERICAN CANCER SOCIETY

2806 Reading Road
Cincinnati, Ohio 45206
www.cancer.org
(513) 618-5585

BEECH ACRES

www.beechacres.org
(513) 231-6630

Beech Acres East

6881 Beechmont Avenue
Cincinnati, Ohio 45230

Beech Acres West

3325 Glenmore Avenue
Cincinnati, Ohio 45211

CENTER FOR ADDICTION TREATMENT

830 Ezzard Charles Drive
Cincinnati, Ohio 45214
www.catsober.org
(513) 381-6672

CENTRAL ACCESS POINT

www.strategiestoendhomelessness.org
(513) 381-7233

CENTRAL COMMUNITY HEALTH BOARD

532 Maxwell Avenue
Cincinnati, Ohio 45219
www.cchbinc.com
(513) 559-2000

THE CHRIST HOSPITAL

2139 Auburn Avenue
Cincinnati, Ohio 45219
www.thechristhospital.com
(513) 585-2000

Prenatal Clinic

2123 Auburn Avenue, Suite A28
Cincinnati, Ohio 45219

Warmline for Breastfeeding Resources

Monday-Sunday, 7am to 3:30pm
(513) 585-0597

CINCINNATI CHILDREN'S HOSPITAL MEDICAL CENTER

3333 Burnet Avenue
Cincinnati, Ohio 45229
www.cincinnatichildrens.org
(513) 636-4200

Comprehensive Children's Injury Center

(513) 636-7516

Drug and Poison Center

(513) 636-5111

Family Preterm Birth Center

(513) 636-3882

Warmline for Breastfeeding Resources

Monday-Friday, 8am to 4:30pm
(513) 636-2326

CINCINNATI HEALTH DEPARTMENT

3101 Burnet Avenue
Cincinnati, Ohio 45229
www.cincinnati-oh.gov/health
(513) 357-7200

Ambrose H. Clement Health Center

3101 Burnet Avenue
Cincinnati, Ohio 45229
(513) 357-7300

Braxton F. Cann Memorial Medical Center

5818 Madison Road
Cincinnati, Ohio 45227
(513) 263-8750

Elm Street Health Center

1525 Elm Street
Cincinnati, Ohio 45202
(513) 352-3092

Millvale at Hopple Street Health Center

2750 Beekman Street
Cincinnati, Ohio 45225
(513) 352-3192

Northside Health Center

3917 Spring Grove Avenue
Cincinnati, Ohio 45223
(513) 357-7600

Price Hill Health Center

2136 West 8th Street
Cincinnati, Ohio 45204
(513) 357-2700

Walnut Street Health Center

1005 Walnut Street
Cincinnati, Ohio 45202
(513) 352-6320

The Body Shop

Appointments: (513) 357-7320
Family Planning Hotline:
(513) 357-7341

Crib Program & Safe Sleep Hotline

(513) 564-2229



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CINCINNATI PUBLIC SCHOOLS - ADULT EDUCATION/ ASPIRE PROGRAM

www.cps-k12.org
Keyword Search: Aspire
(513) 363-6100

CINCY SMILES

40 East McMicken Avenue, 2nd Floor
Cincinnati, Ohio 45202
www.cincysmiles.org
(513) 763-2200

CITYLINK

800 Bank Street
Cincinnati, Ohio 45214
www.citylinkcenter.org
(513) 357-2000

COMMUNITY ACTION AGENCY

1740 Langdom Farm Road
Cincinnati, Ohio 45237
www.cincy-caa.org
(513) 569-1840

THE COUNSELING SOURCE, INC.

10921 Reed Hartman Highway,
Suite 133
Cincinnati, Ohio 45242
www.thecounselingsource.com
(513) 984-9838

CREST SMILE SHOPPE

612 Rockdale Avenue
Cincinnati, Ohio 45229
(513) 352-4072

CROSSROAD HEALTH CENTER

www.crossroadhc.org

Harrison

10450 New Haven Road
Harrison, Ohio 45030
(513) 367-5888

Over-the-Rhine

5 East Libert Street
Cincinnati, Ohio 45202
(513) 381-2247

West

2859 Boudinot Avenue Suite 107
Cincinnati, Ohio 45238
(513) 922-4271

EDUCATION MATTERS

2104 Saint Michael Street
Cincinnati, Ohio 45204
emcincy.org
(513) 244-2214

ELIZABETH'S NEW LIFE WOMEN'S CENTER-FOREST PARK

1230 West Kemper Road
Cincinnati, Ohio 45240
elizabethnewlife.org
(513) 620-8844

EVERY CHILD SUCCEEDS

3333 Burnet Avenue
Cincinnati, Ohio 45229
www.everychildsucceds.org
(513) 636-2830

EXCLUSIVE SERVICES

11134 Luschuk Drive
Blue Ash, Ohio 45241
(513) 827-9273

FIRST STEP HOME

2203 Fulton Avenue
Cincinnati, Ohio 45206
www.firststephome.org
(513) 961-4663

FREESTORE FOODBANK

www.freestorefoodbank.org/

Customer Connection Center

112 East Liberty Street
Cincinnati, Ohio 45202
(513) 241-1064

GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES

1501 Madison Road
Cincinnati, Ohio 45206
www.gcbhs.com
(513) 354-7555

HAMILTON COUNTY DEPARTMENT JOB AND FAMILY SERVICES

222 East Central Parkway
Cincinnati, Ohio 45202
www.hcjfs.org
(513) 946-1000

HEALTH CARE ACCESS NOW: PREGNANCY PATHWAYS PROGRAM

2602 Victory Parkway
Cincinnati, Ohio 45206
healthcareaccessnow.org
(513) 707-5697

HEALTH RESOURCE CENTER OF CINCINNATI, INC.

2347 Vine Street
Cincinnati, Ohio 45221
www.hrcci.org
(513) 357-4602

THE HEALTHCARE CONNECTION

www.healthcare-connection.org
(513) 554-4100

Forest Park Health Center

924 Waycross Road
Cincinnati, Ohio 45240
(513) 588-3623

Lincoln Heights Health Center

1401 Steffen Avenue
Cincinnati, Ohio 45215
(513) 588-3623

Mount Healthy Family Practice

8146 Hamilton Avenue
Cincinnati, Ohio 45231
(513) 522-7500



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HEALTHY BEGINNINGS

www.healthybeginnings.org
(513) 861-8430

Mount Auburn

47 East Hollister Street, Suite 202
Cincinnati, Ohio 45219

Forest Park

1230 West Kemper Road
Cincinnati, Ohio 45240

Price Hill

4898 Guerley Road
Cincinnati, Ohio 45238

HEALTHY MOMS & BABES

2270 Banning Road, Suite 200
Cincinnati, Ohio 45202
www.healthymomsandbabes.org
(513) 591-5600

HELP ME GROW

www.helpmegrow.ohio.gov
(513) 434-3322

INTERFAITH HOSPITALITY NETWORK OF GREATER CINCINNATI

990 Nassau Street
Cincinnati, Ohio 45206
www.ihncincinnati.org
(513) 471-1100

JEWISH FAMILY SERVICES

8487 Ridge Road
Cincinnati, Ohio 45236
www.jfscinti.org
(513) 469-1188

LEGAL AID SOCIETY OF GREATER CINCINNATI

215 East Ninth Street, Suite 200
Cincinnati, Ohio 45202
www.lascinti.org
(513) 241-9400

LIFE FORWARD PREGNANCY CARE OF CINCINNATI

www.lifeforwardcincy.org
(513) 961-7777

Clifton Center & Administrative Office

2415 Auburn Avenue
Cincinnati, Ohio 45239

Springdale Center

1345 Century Circle West
Cincinnati, Ohio 45246

LYDIA'S HOUSE

stlydiashouse.org
(513) 549-7752

MARY MAGDALEN HOUSE SAINT ANTHONY CENTER

1629 Republic Street
Cincinnati, Ohio 45202
www.marymagdalenhouse.org
(513) 721-4811

MENTAL HEALTH ACCESS POINT

311 Albert Sabin Way
Cincinnati, Ohio 45229
www.mentalhealthaccesspoint.org
(513) 558-8888

MERCY HEALTH

www.mercy.com
(513) 956-3729

Mercy West Prenatal Clinic

3300 Mercy Health Boulevard
Cincinnati, Ohio 45211
(513) 215-9122

Mercy Health Fairfield OB/GYN Clinic

3000 Mack Road
Fairfield, Ohio 45014
(513) 870-7883

MOMMY XPRESS

2975 Exon Avenue
Cincinnati, Ohio 45241
www.mommyxpress.com
(844) 641-2255

NORWOOD HEALTH DEPARTMENT

2059 Sherman Avenue
Cincinnati, Ohio 45212
www.norwoodhealth.org
(513) 458-4600

OHIO TOBACCO HOTLINE

1-800-QUIT-NOW (784-8669)

OHIO VALLEY GOODWILL INDUSTRIES

10600 Springfield Pike
Cincinnati, Ohio 45215
www.cincinnati goodwill.org
(513) 771-4800

OLD ST. MARY'S PREGNANCY CENTER

123 East 13th Street
Cincinnati, Ohio 45202
www.oldstmarys.org
(513) 929-9165

PREGNANCY CENTER EAST

3944 Edwards Road
Cincinnati, Ohio 45209
www.pregnancycentereast.com
(513) 321-3100

PREGNANCY CENTER WEST

4900 Glenway Avenue
Cincinnati, Ohio 45238
www.pc-west.org
(513) 244-5700

PRIVATE ADOPTION SERVICES, INC.

3411 Michigan Avenue
Cincinnati, Ohio 45208
www.privateadoptionsservice.com
(513) 871-5777



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SALVATION ARMY

swo.salvationarmy.org

Downtown Community Center

114 East Central Parkway
Cincinnati, Ohio 45202
(513) 762-5600

Heatshare Program

(513) 762-5636

West Side Community Center

5303-5305 Warsaw Avenue
Cincinnati, Ohio 45205
(513) 251-1424

SANTA MARIA COMMUNITY SERVICES

3301 Warsaw Avenue
Cincinnati, Ohio 45205
www.santamaria-cincy.org
(513) 557-2700

East Price Hill Center

3301 Warsaw Avenue
Cincinnati, Ohio 45205
(513) 557-4070

Literacy Center West

3208 Warsaw Avenue
Cincinnati, Ohio 45205
(513) 557-4060

Financial Opportunity Center

2918 Price Avenue
Cincinnati, Ohio 45204
(513) 587-6920

SHELTERHOUSE

www.shelterhousecincy.org

Esther Marie Hatton Center for Women

2499 Reading Road
Cincinnati, Ohio 45202
(513) 562-1980

SMOKEFREEMOM

women.smokefree.gov/smokefreemom

Text "MOM" to 222888 from your mobile phone, answer a few questions, and you'll start receiving messages

ST. VINCENT DE PAUL

www.svdpcincinnati.org

Liz Carter Outreach Center

1125 Bank Street
Cincinnati, Ohio 45214
(513) 562-8841

TALBERT HOUSE

2600 Victory Parkway
Cincinnati, Ohio 45206
www.talberthouse.org
(513) 221-4357

Fatherhood Project

4531 Reading Road, 2nd Floor
Cincinnati, Ohio 45229
(513) 961-3292

TEXT 4 BABY TEXT MESSAGES

Text "BABY" to 511411 for English
Text "BEBE" to 511411 for Spanish
Download the app in iTunes or Google Play Store

TRIHEALTH

www.trihealth.com
(513) 569-6111

Bethesda North OB/GYN Clinic

10498 Montgomery Road
Cincinnati, Ohio 45242
(513) 865-1631

Good Samaritan OB/GYN Clinic Faculty Medical Center

375 Dixmyth Avenue
Cincinnati, Ohio 45220
(513) 862-2563

Helping Opiate-addicted Pregnant women Evolve (HOPE) program

375 Dixmyth Avenue
Cincinnati, Ohio 45220
(513) 862-5132

TriHealth Nurse Midwives

3440 Burnet Avenue, Suite 120
Cincinnati, Ohio 45229
(513) 751-5900

TriHealth Women's Services Pleasant Ridge

6014 Ridge Road
Cincinnati, Ohio 45213
(513) 731-1550

UC HEALTH

uhealth.com
(513) 475-8000

Center for Women's Health

3130 Highland Avenue
Cincinnati, Ohio 45267
(513) 584-5239

Lindner Center of Hope

4075 Old Western Road
Mason, Ohio 45040
www.lindnercenterofhope.org
(513) 536-4673

URBAN LEAGUE OF GREATER CINCINNATI

3458 Reading Road
Cincinnati, Ohio 45229
www.gcul.org
(513) 281-9955



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WIC

www.cincinnati-oh.gov
Keyword Search: WIC
(513) 821-7012

Cann Health Center

5818 Madison Road
Cincinnati, Ohio 45227
(513) 263-8777

Cincinnati Children's Hospital Medical Center

3430 Burnet Avenue, 2nd Floor
Cincinnati, Ohio 45229
(513) 636-5818

Elm Street Health Center

1525 Elm Street
Cincinnati, Ohio 45202
(513) 352-3816

Millvale at Hopple Health Center

2750 Beekman Street
Cincinnati, Ohio 45225
(513) 352-3199

Northside Health Center

3917 Spring Grove Avenue
Cincinnati, Ohio 45223
(513) 564-2180

Price Hill Health Center

2136 West 8th Street
Cincinnati, Ohio 45204
(513) 357-2727

Roselawn

7162 Reading Road, Suite 800
Cincinnati, Ohio 45237
(513) 821-6813

Seven Hills

10950 Hamilton Avenue
Cincinnati, Ohio 45231
(513) 522-4300

Western Hills

4966 Glenway Avenue, Suite 301
Cincinnati, Ohio 45238
(513) 251-4700

Winton Hills Health Center

5275 Winneste Avenue
Cincinnati, Ohio 45232
(513) 242-1720

WINMED HEALTH SERVICES

www.winmedinc.org

Winneste Health Center

5275 Winneste Avenue
Cincinnati, Ohio 45232
(513) 242-1033

Hamilton County Community Action Agency

1740 Langdon Farm Road
Cincinnati, Ohio 45203
(513) 233-7100

City West (Over-The-Rhine)

1019 Linn Street
Cincinnati, Ohio 45203
(513) 233-7100

WOMEN HELPING WOMEN (24/7)

215 East Ninth Street, 7th Floor
Cincinnati, Ohio 45202
www.womenhelpingwomen.org
(513) 381-5610

YWCA DOMESTIC VIOLENCE SHELTER

898 Walnut Street
Cincinnati, Ohio 45202
www.ywcacincinnati.org
(513) 872-9259